

Golf Guru Secrets Vol. 1

The complete guide
to breaking scoring
barriers and playing
the best golf of your
life.



Dana Buttenhoff

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Introduction:

I've been searching a very long time for some answers and maybe you have been searching as well. I'm quite certain you have been searching or else you wouldn't have purchased this product. I would like to share with you a small portion of my journey before we move on to discover what the gurus have to say.

My name is Dana Butenhoff and I live in the central part of Minnesota, USA. I am in my mid 40's and have been playing this game for a little more than twenty years. I was introduced to golf by a couple of my buddies, who were pretty accomplished amateur golfers as they played on their college golf teams here in Minnesota. As I watched them effortlessly hit tee shots of 280-320 yards, I felt that I too would soon be on my way to competing with them. I reasoned why not, we all grew up together playing other sports so why would this golf thing be any different? I couldn't have been more wrong!

I was brought over to the practice range of our local golf course and given some practice balls with the instructions that I could play with them on the course when I could get the ball airborne on a consistent basis. I was basically "self taught" as there was not much guidance or instruction given. Years later I

did visit a teaching professional. The summer I was introduced to the game the idea was that at summer's end there was to be a team tournament at our local golf course and I was to participate. The team format required each team to have a minimum combined handicap to qualify for the event. My friends had very low single digit handicaps so I was the key to us being able to play together. The first thing I needed was a handicap card. Before I could sign up for a handicap card, I needed to be able to hit the ball consistently enough to play a full round without losing all my golf balls in the hazards and also I could not endanger the lives of those around me. I played enough rounds and posted enough scores to receive a handicap card. I was a *real* golfer and the number on the card which represented my handicap was 36. This number of 36 is the maximum allowed by the USGA, I was actually much higher than a 36.

This was so much more difficult than I had ever imagined. Perhaps this is familiar to you as well. Maybe you were a baseball or cricket player in your younger years and you are now older, perhaps you are in your late 20's to your mid-40's and you are just now taking up golf. Everything that seems logical, that you did since you were a youngster, is now useless as you try to hit a small white ball that **is not moving and is sitting on a tee!**

Years later, as I went on my journey to find some answers as to why I struggled for such a long time, I look back on that first summer I was introduced to the game of golf. There are some very interesting things that I discovered on this adventure. I am going to share them with you to hopefully shorten your learning curve as much as possible if you are just starting out in this game. If you are like me, and have played golf for years with little or no improvement, perhaps by reading though the information I have compiled from my interviews of some of the leading experts in their golf related fields you can glean some valuable information.

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I am like most of you reading this, I play on the weekends, I don't have the luxury to practice every day. I also play in a Wednesday evening 9-hole league from May to early September. During the time I was doing research and conducting interviews with the experts you will be introduced to, which was roughly 2 ½ months, my USGA handicap index did drop. I currently have a USGA handicap of 16.6. I mention this to let you know I did not master any of the techniques described by the experts, I used bits and pieces from them all. I did not have the time during the 2 ½ months to become proficient in the techniques, as I was researching a new product and interviewing a different expert each week, which will be discussed in the upcoming pages. I also have a fulltime "day job" which keeps me away from home 60 hours per week. If I could have given myself enough time to become proficient with the information presented I truly believe that my handicap would have dropped much farther. With the information I have been exposed to I feel that a single digit handicap is truly within my future. That may be a year, it may be five years or it may be longer, but applying the principals I have been shown by these experts I am well on my way to more enjoyment and lower scores on the golf course.

Your situation may be completely different than mine. You may already be a single digit handicap player and are searching for that little extra "edge" to get you to the next level. You may be a golfer who would be thrilled to break a score of 100 for 18-holes. There is something for every type of golfer in the information ahead.

During the original interview series I had golfers from North America, South America, Europe, Asia, Africa and Australia participate by listening to the interviews first hand as I conducted them or the following day as I posted the mp3 recordings on my website. The e-mail messages I received were very encouraging. With this feedback I received from this series I